

# Citywide Breakfast

Free breakfast for all students

MARCH 2012

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			<b>RISE AND SHINE</b> Tasty Waffles with Warm Syrup Turkey Canadian Bacon	<b>MUFFIN MANIA</b> Assorted Baked Muffins served with jelly
5	6	7	8	9
<b>FUEL UP THE WHOLE GRAIN WAY!</b> Whole Grain Apple Loaf Variety of Fruit Yogurts	<b>TRAYLESS TUESDAY SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Egg Omelet with Melted Cheese In a NY Style Bagel	<b>POWER UP</b> Sunrise Banana Bread Mozzarella String Cheese	<b>RISE AND SHINE</b> Fluffy Pancakes Warm Fruit Topping Hot Cereal Choice	<b>POWER UP</b> Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
12	13	14	15	16
<b>POWER UP</b> Whole Wheat Turkey Sausage Roll Hot Cereal Choice	<b>TRAYLESS TUESDAY SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Cheese Omelet in a Flakey Croissant	<b>BAGEL BONANZA</b> NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	<b>RISE AND SHINE</b> Home-style French Toast with Warm Syrup Turkey Canadian Bacon	<b>MUFFIN MANIA</b> Assorted Baked Muffins served with Jelly
19	20	21	22	23
<b>FUEL UP THE WHOLE GRAIN WAY!</b> Whole Grain Blueberry Loaf Variety of Fruit Yogurts	<b>TRAYLESS TUESDAY SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Egg Omelet with Melted Cheese In a NY Style Bagel	<b>POWER UP</b> Sunrise Corn Wedge Mozzarella String Cheese	<b>RISE AND SHINE</b> Crispy Waffles Warm Fruit Topping Hot Cereal Choice	<b>POWER UP</b> Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
26	27	28	29	30
<b>POWER UP</b> Whole Wheat Turkey Sausage Roll Hot Cereal Choice	<b>TRAYLESS TUESDAY SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Egg Omelet with Melted Cheese in a Whole Wheat English Muffin	<b>BAGEL BONANZA</b> NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	<b>RISE AND SHINE</b> Fluffy Pancakes with Warm Syrup Turkey Canadian Bacon	<b>MUFFIN MANIA</b> Assorted Baked Muffins served with Jelly



Offered Daily: assorted cold cereal, fruit choice or 100% fruit Juice, milk (1% low fat, and fat free)

Menu subject to change